

Charlotte Elementary School

P.E. Newsletter

COACH SENSING & MRS. MICHELLE

JANUARY 2015



Important Dates:

January 22nd – Jump Rope Envelopes go home to parents

February 2nd – 13th Jump Rope for Heart Envelopes can be returned

February 9th – 13th Dedication Hearts Due

February 13th – Jump Rope for Heart Day

On February 13, 2015 our school is holding a jump rope for heart event to raise funds for the American Heart Association. The money our school raises helps fund potentially lifesaving research into heart and blood vessel disease. It also supports the development of educational materials, such as heart health and staying fit. In short, our school is joining in the fight against our nation's No. 1 killer – cardiovascular disease and stroke.

The event provides the opportunity for our children to perform community service as they raise funds for the American Heart Association. Your child will bring home a collection envelope for contributions on January 22nd. The envelopes will need to be returned by Friday, February 13th. Your child will be participating in the jump rope for heart during our school day. Therefore, the consent forms are optional. Family and friends can support your child's participation through contributions; however, we ask for children not to go door to door asking for donations. If writing a check, please make it payable to the American Heart Association.

We will have big heart up on the wall for little dedication hearts to be attached to the week of JRFH. Your child will be able make a heart to write a family member or a friend's name that has been touched by cardiovascular disease to jump for on JRFH day. These dedication hearts may hold as many names as the children can squeeze on them! Participants earn prizes based on the amount of contributions collected. We will have several school wide prizes; such as school wide hat day, school wide pajama day, and student pick day in P.E. Our child can participate without any contributions. This event is for our community and for your child's health. We look forward to a successful JRFH.

Thanks for your support

Parents: If you would be willing to volunteer time during our JRFH on 13th of February, please fill out the form below.

Volunteer's Name _____ Child's Name _____

Teacher's Name _____ Phone Number _____